

#ROCKTHETEST#ROCKTHETEST#ROCKTHETEST#ROCKTHETEST#ROCKTHETEST

Get Ready for Testing Day

- ❖ Prioritize sleep all week – not just the night before
- ❖ Wake up early so your brain has time to warm up; light exercise is always a good idea to get your brain & energy going 😊
- ❖ As always, eat a good breakfast & stay hydrated. Protein= brain power

Test-Taking Strategies

- ◆ Read all directions and titles. Super Important –often, answers are found here
- ◆ **Read the entire question, then reread it again**
- ◆ Determine what exactly is being asked—the questions are very straightforward
- ◆ Identify key clue words such as: *like, not, except*
- ◆ **Eliminate** choices you know are **incorrect—do this first and trust your instinct**
- ◆ Select the best answer
- ◆ Work through the questions you know first
- ◆ **Pace yourself, but don't rush.** So much time to take these tests 😊
- ◆ Go back and check your work when you are done. Always
- ◆ Only change answers if you know they are wrong. Usually, your first hunch is correct, so do not forget this

YOU DID NOT
WAKE UP TODAY
TO BE
MEDIocre

~~SHOULD.~~
~~WOULD.~~
~~COULD.~~
DID.

“
THE MOST
EFFECTIVE WAY
TO DO IT, IS TO
DO IT.
”

- AMELIA EARHART
#goopquotes

THE HARDER
YOU WORK
FOR SOMETHING,
THE GREATER
YOU'LL FEEL
WHEN YOU
ACHIEVE IT.

CONTEXTUALPHYSICS.COM